

Benefit Focus News

Office of Group Insurance

NOVEMBER 2015



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Where is Group Insurance?

You may know our mailing address, but have you visited our offices?

We're located in downtown Boise, on the south side of the Capitol, in the Borah Building.

The Borah Building is at the corner of 8th and Bannock and OGI is on the 4th floor.

Office Hours:

8:00am-5:00pm.

Stop by and see us when you are downtown!



thriveidaho



Congratulations to the over 850 employees who earned their \$250 reward check!

Earning your reward is just the beginning! Perhaps you've learned something about your health or decided to set a new health goal. Take the next step toward better health by using the **FREE thriveidaho** tools.

Resources like health coaching, online workshops, and health trackers are available on the wellness portal and help you reach your goals.

As a reminder the reward is subject to taxes and payroll deductions. **These deductions are made through your normal payroll in the month following the check mailing.** The next round of checks will be sent in January.

For more information about [thriveidaho](http://thriveidaho.gov), please visit thrive.idaho.gov.



Don't Set It & Forget It

All benefits eligible employees receive Basic Group Life Insurance. The Basic Life benefit is 100% of your annual salary. The State pays the premium for this benefit and there is no cost to you.

Coverage for Basic Life Insurance begins the first day of the month following date of hire. For details on your plan please visit ogi.idaho.gov.

For many it's likely been a while since you completed the enrollment form and beneficiary designation. It's a good practice to periodically review your beneficiary information and make sure it's up to date.

Beneficiary forms are kept on file in your agency's Human Resource office. To review your information

please contact your Human Resource personnel. They can also assist you with updating any beneficiary details.

Move Recently?

Keep your mailing address, email, and phone numbers up to date to ensure that you receive valuable information regarding your benefits.

The best way to keep your information current is through your agency's payroll system. This is either done online at the [State Controller's website](#) or through your agency's payroll office.

If you are unsure how to update your information, please contact your agency's Human Resource personnel.

thriveidaho Updates

Over 675 people joined the **Move It!** challenge and moved the equivalent of 109,487,188 steps!

Congratulations to the Fitbit drawing winners!

- Jill Surplus
- Wesley Hipke
- Jesse Barrus

Here's what people had to say about **Move It!**

"It gave me confidence that I could actually be more physically active and I did feel better."

"I feel better: less stressed, more focused."

Make regular fitness a habit by working with a **thriveidaho** health coach or continuing to log your movement with the health trackers on the **thriveidaho** wellness portal.

Want to know more? Join us for an informational webinar on **Nov. 17, 19, & 24** from 11:30am-12:00pm MST

RSVP to:

thriveidaho@adm.idaho.gov

OGI LINGO:

We know you've heard these terms, but what do they mean?!

SCO – State Controller's Office. This means that agencies use the State Controller's payroll system.

Non-SCO – Agencies that do not use the State Controller's Office to process payroll.

Contact the Office of Group Insurance



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For comments or suggestions for future editions of Benefit Focus, please email: ogi@adm.idaho.gov.