

Employee Assistance Program

PRACTICAL RESOURCES FOR YOUR PERSONAL AND PROFESSIONAL WELLBEING

Personalized Counseling
Professional Growth
Stress Management
Parenting
Legal Consultation
Financial Success
Mental Health

Your Employee Assistance Program (EAP) connects employees and family members to mental health professionals, web-based resources, and referral services to support your personal and professional wellbeing.

Accessing your EAP is easy, confidential, and provided at no cost to you.

For questions or support call us at **888-559-6556** or text us at **208-336-4275**
M–Th: 8am–6pm, F: 8am–5pm (MST)
or begin online
www.bpahealth.com/EAP-home

Crisis counselors are available
24 hours a day.

BPAHealth.com/EAP-home

